## RHYTHMIC EXPRESSION

Rhythmic expression is a part of the total curriculum

The program of rhythmic expression in the school is not an isolated function of a music period or a music lesson. It is a need in the classroom, in play, at

home, and in all other phases of life. The approach to rhythmic expression through music includes the total development of the child in a total curriculum.

## PURPOSES

Rhythmic expression through music placed in the total curriculum reveals the following purposes and outgrowths:

1. A better understanding of self and the world about us is achieved through bodily movement in response to music.

Using bodily movements to interpret music is one of a child's earliest experiences in music.

